

Disaster Preparedness Pamphlet



●What to do if an earthquake occurs...

When an earthquake happens

Protect yourself

Stay low and protect your head.



After the shaking stops

- ① Check if you or your family are harmed
- ② Check for damage inside and around your home
- ③ Pay attention to TV or for information

- * If there is a fire nearby...
- * If you live near a cliff(a steep mountain)

If you are safe where you are...

5 to 20 minutes after

Escape to an evacuation site

If your home is damaged...

If your home is undamaged...

If your running water or electricity isn't working, or you're near a river/coastal cliffs, then...

Go to an evacuation center

Return home

●About evacuation centers

- Anyone can go to an evacuation center; Japanese people, foreigners living in Japan, and tourists, etc.
- Please follow the evacuation center's rules.
- If you need help, you can ask someone at the front desk.
- First, use whatever supplies you brought with you.
- After that, you can receive food, drink, blankets, etc.
- No money is needed; you just have to wait in line.
- Check the bulletin board for new information.



👉 Evacuation Area Symbols

Evacuation Sites



The first place to evacuate to event of a disaster.
Evacuation sites are large areas like parks and schools.

Evacuation Centers



These centers are for people who have lost their homes or whose homes are dangerous to live in. These centers offer food and water and are usually schools or community centers.

For info on earthquakes, typhoons, etc.(multilingual info available)

NHK
WORLD
JAPAN

NHK WORLD - JAPAN

Provides news on Japan and the rest of Asia.
Provides information on disaster damage as well.
Available for free.



FOR ios

FOR Android



Safety Tips - Disaster info App

Provides warnings for earthquakes, tsunamis, heavy rains, etc.
Available for free.



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If you can't speak Japanese...



VoiceTra - Multilingual Speech Translation App

Converts what you say into Japanese and other languages.

Available for free.

Provided by: National Institute of Information and Communications Technology(NICT)



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For Accidents

For Fires, Emergencies, First Aid

Police



Fire Dept.



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